



Farm-to-Table Throwdown

Things are warming up . . . finally! Farmers' markets are back in full swing, and fresh fruits and veggies are everywhere. Have you ever driven by the local markets and wondered how those strawberries and eggplants taste? Here is your chance to pull over, buy some fresh fruits or veggies, and see what you can do with them in the kitchen. Will Alexandria, Fairfax, or DC have the best produce? Which staff member has what it takes to win the prize? On July 27, 2015 (from 12:00 p.m. until 1:00 p.m. in the large conference room), ACA's Green Team will host a farm-to-table cooking contest to determine the answers.

Here are the details and rules . . .

For the chefs:

- There will be two categories: Best Veggie Dish (we are including tomatoes in this category) and Best Fruit Dish.
- Your main ingredient(s) must come from a local farmers' market. You'll be required to take a picture of yourself at the farmers' market with your selected ingredient(s) to prove that you purchased the produce from there.
- By 9 a.m. on the morning of the competition, chefs must submit the following: (a) the name of the dish and the recipe and (b) the photo of the chef at the farmers' market where the produce was purchased.
- You'll need to prepare enough food for 30 small servings.
- Chefs must be available to serve and answer questions about their dishes from 12:00 p.m. until 1:00 p.m. on July 27
- There is no entry fee for chefs.

For the tasters:

- Come hungry because you will taste the dishes and cast your vote for the Best Veggie Dish and the Best Fruit Dish!
- All tasters (including chefs who also wish to taste) must pay a \$5.00 tasting fee, which will help to fund the winners' prizes.
- If you have any allergies, please check with the chefs to make sure their dishes are safe for you to enjoy.

FOR THE WINNERS, DINNER IS ON US!

The two winning chefs will receive gift cards to Founding Farmers, an outstanding restaurant that supports local farms and sustainable agriculture. The amount of the gift cards will depend on the number of tasters but will be a minimum of \$30 each.

If you would like to be a chef or a taster (or both!), please contact Lindsey to sign up by Monday, July 20. Support local farmers and feed your coworkers' bellies!

